



“Who’s Carrying You?”

Fall Circle Groups | Week 2

***Leader Note:** This season, we are simplifying the format to allow for organic group discussion. We will keep God’s word central but will allow room for leaders to flex their facilitating muscles. Let’s get ready for a great conversation!*

OPEN IN PRAYER & ICEBREAKER

MESSAGE SUMMARY

It’s been said that were a mighty alone but so much more powerful when we are together. As the cliché goes teamwork makes the dreamwork. The same is true even in the middle of your trials, tribulation, and persecutions when you may feel paralyzed. We never walk alone. During this most vulnerable time is when we need to turn to the best teammate we could ask for. Because it is in these vulnerable times that the enemy will try and even send a wolf in sheep’s clothing to try to “carry” you. Watch out! Be careful who you allow to speak into your ear and into your life. Who we choose to associate with can make or break us. We must be certain that we have a strong, devoted team that is going after God just like we are and this week we will see just how we are to do that.

Key Scripture:

- Mark 2:1-5
- Psalm 148:13-14, 2 Timothy 1:13-14, John 17:14

DISCUSSION QUESTIONS

Point #1: Do the people in your life have the strength to carry your weight? You do not need a light weight trying to carry you when you are a heavy weight. Strategy is different based on your weight class. One blow of praise could knock the enemy out.

- **Scripture: Read (Psalm 148:13-14).** Let them praise the name of the LORD, For His name alone is exalted; His glory *is* above the earth and heaven.¹⁴ And He has exalted the ^[a]horn of His people, The praise of all His saints— Of the children of Israel, A people near to Him. Praise the LORD!
- There are scriptures that tell us if we are weak to say that we are strong. The word isn’t telling us to lie. It is allowing us the opportunity to speak life into ourselves. As a man thinketh so is he.



- **Let's discuss a time when, even in a negative situation you were able to speak life into it and it turned into a positive time in your life.**

Point #2: When you are paralyzed, make sure your crew knows how to talk, walk, and work at the same time.

- **Scripture: Read (2 Timothy 1:13-14)** Hold fast the form of sound words, which thou hast heard of me, in faith and love which is in Christ Jesus. That good thing which was committed unto thee keep by the Holy Ghost which dwelleth in us.
- Jesus spoke life into everyone around Him. He knew that the world was sick, emotionally, physically, spiritually.
- **Was there ever a time when someone spoke life in you? Was there ever a time when someone spoke negatively to you and you allowed those words to penetrate your mind?**

Point #3: Know who your crew is carrying you to.

- **Scripture: Read (Mark 2:4-5).** And when they could not come nigh unto Him for the press, they uncovered the roof where He was: and when they had broken it up, they let down the bed wherein the sick of the palsy lay. When Jesus saw their faith, He said unto the sick of the palsy, Son, thy sins be forgiven thee.
- In our walk with Christ, it is important to be careful where the ones we allow to walk with us are carrying us. Hopefully, they will lead others to worship, to prayer, to obedience in God and His word.
- **Where are the people you allow in your circle leading you? Or are you leading them to Christ?**

Point 4: Watch what they do once you are closing in on your miracle.

- **Scripture: Read (John 17:14).** I have given them thy word, and the world hath hated them, because they are not of the world, even as I am not of the world.
- Jesus prayed for us as you see in John 17! We are blessed that He did pray for us, because Jesus knew what we would face just so we could be called His disciples. So, to know about Jesus' prayer hopefully gives us confidence amid adversity.
- **What time amid adversity in your life was it comforting to know that someone prayed or was praying for you?**

CONCLUSION & CHALLENGE

In our walk with Christ, in times of adversity we have to look to the author and finisher of our faith, Jesus. He is a strong tower and when leaning on others who do not have the spiritual strength to carry you would be detrimental to your spirituality we must look to Jesus. It is essential that you get in a strong spiritual relationship, alliances, and allegiances that support your walk in God. Obey the voice of The Lord, follow Him.



Allow Him to carry you. He is sure to go all the way with you, and He has the strength to carry you through.

My sheep hear My voice, and I know them, and they follow Me: And I give unto them eternal life; and they shall never perish, neither shall any man pluck them out of my hand, (John 10:27-28).

This week's challenge is to learn to rest in His presence and draw closer to God. This week set aside 20 minutes a day whether it be in the morning, afternoon or at night and have a little talk with Jesus. Journal your prayer to God for the day or sit in worship, cry out to Him. Here are a few song choices that can help.

- **20 minutes a day for 7 days**
- **Journal**
- **Pray**
- **Worship**
 - **Here's my Worship - Phil Thompson**
 - **New Wine - Hill Song**
 - **None Like You - Don Moen**
 - **Your Spirit - Tasha Cobbs Leonard**

CLOSE IN PRAYER