



“The Kings I Must Defeat”

Fall Circle Groups | Week #6

OPEN IN PRAYER & ICEBREAKER

MESSAGE SUMMARY

Do you ever feel as if “God’s promise” is just on the horizon, but there are countless obstacles in your way? Or perhaps, you’ve gotten to your “promised land,” but you are still fighting to enjoy it? Joshua felt the same way. After wandering for 40 years, the children of Israel finally entered the land that God promised their ancestors. This rich and fertile land, flowed with milk and honey, but also came with 31 kings who would not give up their land without a fight. Through obedience, worship and a lot of courage, Joshua overcame his “kings” and we can too. Let’s learn from his life and fight the kings in the way of our promise. Let’s get started!

Key Scripture:

- Joshua 1:5-9

Additional Scriptures: Ephesians 6:10-12 | 1 Cor. 1:27-31 | Matt. 5:6 | 2 Cor. 10:3-6 | Philippians 4:8

DISCUSSION QUESTIONS

- **Point #1 – Get ready to fight.**
 - As believers, we will need to fight to inhabit God’s promises for our lives.
 - Acting on God’s word always requires a fight.
 - **Scripture:** Joshua 1:5-9 “Be strong and of good courage”

Tell of a time when you found yourself in a similar situation as Joshua. When faced with obstacles, did you rise above, or allow them to intimidate you? How does Joshua’s strength inspire you?

- **Point #2 – Identify your Enemy.**
 - Kings present themselves in many different forms. It is up to us to identify thoughts, emotions, and behaviors holding us captive, and replace them with the word of God.
 - **Scripture:** Ephesians 6:10-12 “We wrestle not against flesh and blood”



What thoughts or “kings” have you battled throughout your life? Are there any reoccurring ones that you’d like to defeat once and for all?

- **Point #3- Praise is a Weapon.**

- Praise ushers us into the presence of God and connects us to God’s endless power.
- **Scripture:** 1 Cor. 1:27-31 “God uses foolish things to confound the wise”
- **Scripture:** Matt. 5:6 “Blessed are those who hunger and thirst...”
- **Scripture:** 2 Cor. 10:3-6 “Take every thoughts captive to the word of God”
- **Scripture:** Philipians 4:8 “Think on these things...”

What do these scriptures say about the power you possess through Christ? When you consider the “kings” you currently face, what can you practically do to ensure you are spiritually, mentally and emotionally prepared to occupy your promise? (Examples include: Declarations, Prayer, Fasting, Worship, etc.)

*If you are looking to grow in these areas, tell the group how they can best support you.

CONCLUSION & CHALLENGE

Like Joshua, moving into God’s promise for our lives requires that we defeat kings along the way. However, they are no match for an all-powerful God! As kingdom citizens, we have the spirit of power, love and a sound mind (2 Timothy 1:7) Choosing to praise, pray, and declare God’s goodness over our situation daily, renews our mind and strengthen us for the battle ahead. We have the promise, now let’s fight the kings standing in our way!

Challenge: For the next 7 days, let’s attack our Top 3 kings! Find 1-2 scriptures for each and declare them over yourself morning and night. Repeat as needed until you have a verse for each challenge you face! Stay accountable by sharing your scriptures and results with fellow group members.

Additional points:

- Kings present themselves in different ways: negative thoughts, habits, emotions or people.
- Belief is not enough. We must act on God’s word in order to obtain His promise for us.
- Joshua was young and inexperienced, but he had BIG FAITH and was obedient to God’s word. This is how he was able to defeat his kings!

CLOSE IN PRAYER